



Pop it! **Sue Casto**

Topic: Melodic practice with movement and pop music

Suggested Grade(s): 3-5

Objectives: practice known melodic concepts, explore movement, steady beat

Materials: recordings of “Break My Soul (radio edit) by Beyonce and “Ob-La-Di Ob-La-Da” by The Beatles, scarves

Approx. time per lesson: 8-10 minutes per activity

National Standards: MU:Pr4.2.4a Demonstrate understanding of the structure and the elements of music (such as rhythm, pitch, and form) in music selected for performance.

Directions: These are two possible activities you can quickly use to incorporate movement, melodic practice and pop music

Activity #1: Beyoncé “Break My Soul*” from *Renaissance*, 2022 (*radio edit)

1. Teacher leads vocal warm-ups using extended pentatonic scale, isolating smrd and smrdl, patterns. Students step patterns front their homebase/“do” while singing
2. Strike a pose every time *Break My Soul* is sung
3. Lead/echo movement for the word *Everybody*. Level 1: Teacher shows a 2 beat movement and student echo/copy movement in the two beats that follow *Everybody*. Level 2: Students pair up. One leads a two beat movement on *Everybody* then the partner echoes on two beats that follow. If using level 2, be sure students are directed to find their partner after the verses of steady beat movement

4. During chorus of *motivation, foundation, vibration, foundation*, students will echo sing pitch patterns with hand signs. After *motivation and vibration* students echo smrd. After *foundation*, students echo smrdl,
5. During verses and rap breaks, students demonstrate steady beat through their choice of locomotive or non-locomotive movement

Activity #2 The Beatles "Ob-La-Di, Ob-La-Da" from *The Beatles (White Album)*, 1968

1. Teacher leads singing of solfege patterns, students echo sing and move from their home base/"do"
2. Teacher ends echo singing with dmsd' pattern
3. Students listen to "Ob-La-Di, Ob-La-Da" by The Beatles and identify where they hear dms dms dms d'
4. Students move with song: A section: keep steady beat with scarves; B section: show melodic contour with do on knees, mi on waist, so on shoulders and jump up on high do; C section: free choice movement; Coda: free choice movement